



# Improving Knowledge of Complementary Integrative Medicine Interventions in the Home Care Setting

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## Background

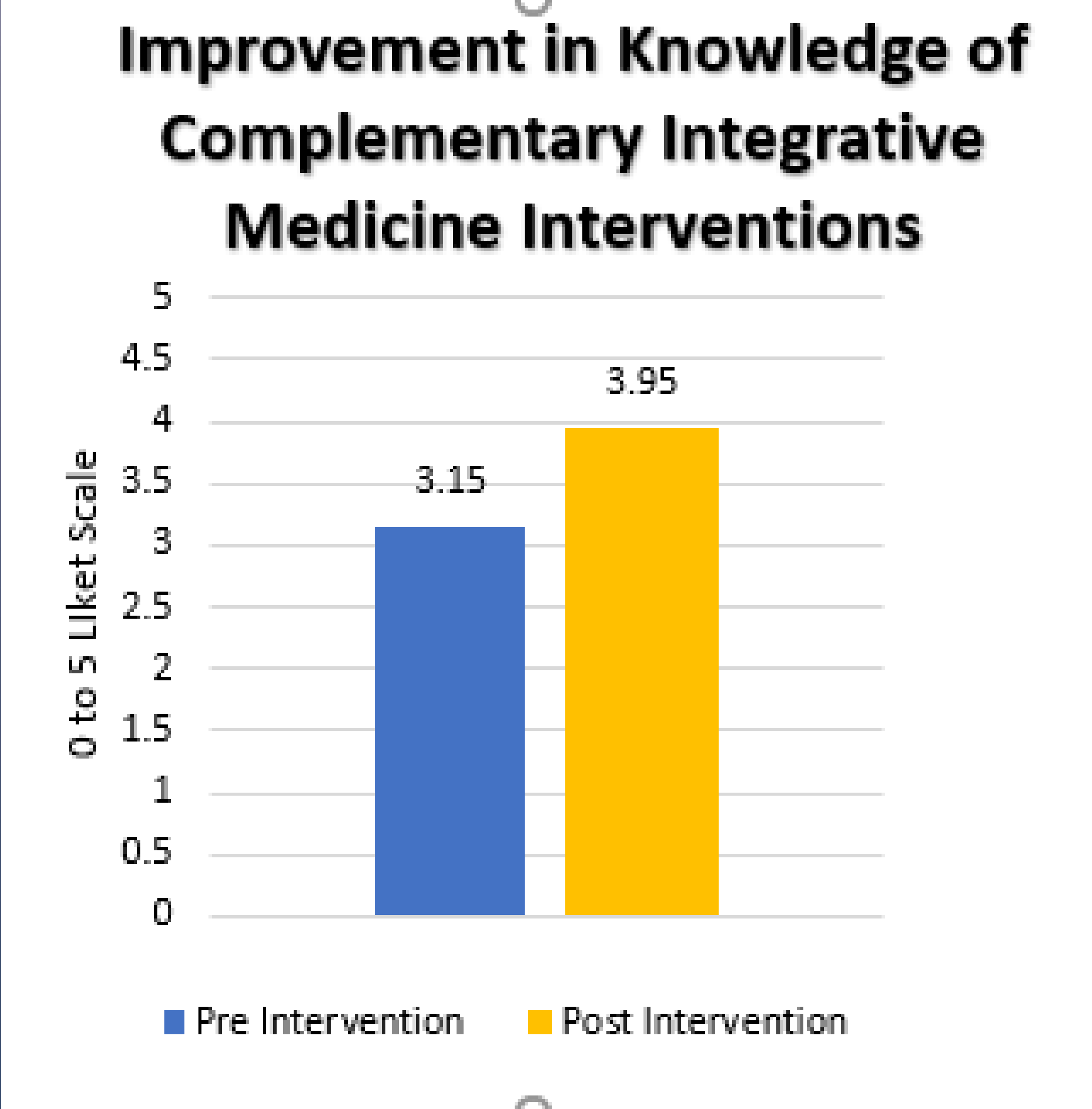
Symptom management is a primary goal in the treatment of patients in Home Health, Hospice and Palliative Care. The Home Care program employs an interprofessional approach that offers Complementary Integrative Medicine (CIM) interventions through its interprofessional team including nurses, home health aides, social workers, chaplains, dieticians, physical, occupational, and speech therapists. It was unclear if Home Care Services staff were aware of all that is currently available to our patients for symptom management.

## Goal

The aim of this project is to improve patient centered care by improving staff knowledge of Complimentary Integrative Medicine techniques currently available in Home Care Services.

## Design & Methods

- Mixed method design
  - Pre/post surveys
  - Qualitative and Quantitative data
- Knowledge assessed of CIM
- Education Invention



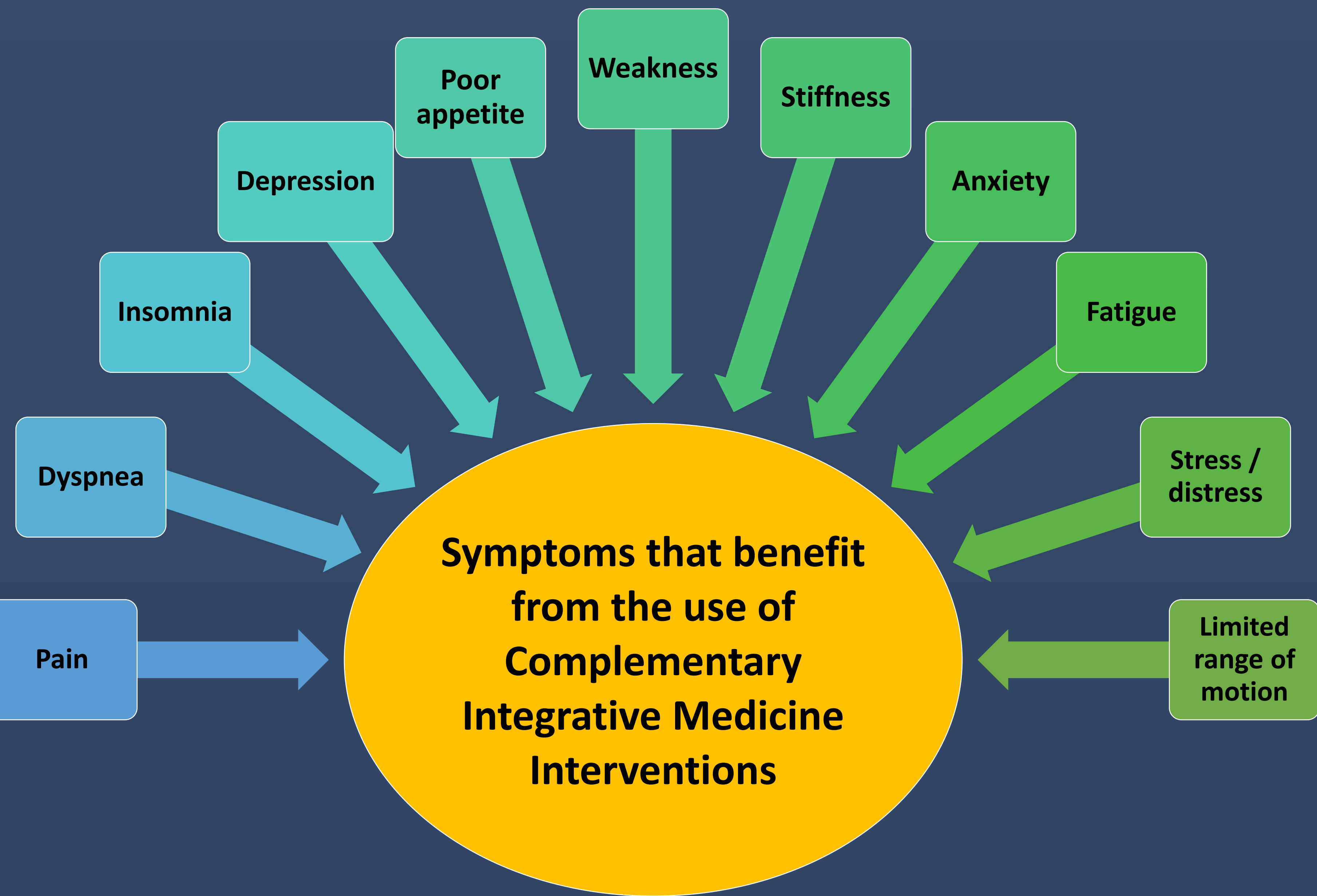
## Conclusions & Further Study

The results demonstrated improvement in clinician knowledge of CIM interventions currently available in Home Care Services after staff education was implemented.

## Ongoing Interventions and Future Study

- Education on how to access CIM available.
- Education on identifying need for CIM.
- Assess if referrals for CIM increased.
- Assess if patient symptoms improved.

Processes for standardizing clinician education are critical to the success and sustainability of change.



## Staff Comments

"I did not realize how many Complementary Integrative Medicine interventions were available in Home Care Services"

"Complementary Integrative Medicine interventions improve symptom management with Home Care patients."

"Complementary Integrative Medicine interventions promote an interprofessional approach to symptom management."